

“Living Longer, Living Better”

Seniors, adult family members and caregivers
are invited to a day conference with speakers,
resources and lifestyle choices on

Saturday, April 29

St. Thomas Aquinas Parish School Gym | 9:00am-2:00pm
915 Alton Rd. East Lansing, MI 48823 (free parking)

Seven speakers on topics like:

- safe driving tips
- detecting early signs of dementia
- modifying your home for safety and convenience
- preventing ID theft
- communicating your wishes about your future to family & friends.

More than 30 local vendors

of legal, financial, medical,
social and educational services
and products for seniors.

Breakfast & lunch included.

Plus, vendor giveaways and door
prizes at the end of the day.

Sponsored by the St. Thomas Aquinas Parish Senior Ministry Committee
and Knights of Columbus #7816, the Senior Alliance for Education (S.A.F.E.)
and MSU WorkLife Office

**The program is FREE but space is limited.
Each person attending must be registered.**

Call: 517 351-5460 or go online at: elcatholics.org/living-longer

Deadline for registration: no later than April 24 or when room capacity is reached.