

PRESIDER'S TEXT
OPTION A: FOR A LAY MINISTER

RITE OF DISTRIBUTING
HOLY COMMUNION OUTSIDE MASS
WITHIN A CELEBRATION OF THE WORD

REVISED EDITION
JANUARY 2012



OFFICE OF WORSHIP
DIOCESE OF LANSING

Note: The use of the English translation of the *Roman Missal*, third edition (2000) was implemented on November 27, 2011. That liturgical book is used at Mass. The *Rite of Distributing Communion Outside Mass* is found in chapter one of "Holy Communion and Worship of the Eucharist Outside Mass," one book in a collection known as the *Roman Ritual*. Until all the liturgical books are retranslated, one will have to make occasional adjustments to a text that does not conform to the texts used at Mass. Only those necessary adjustments are reflected herein – RT.

ORDER OF SERVICE

INTRODUCTORY RITES

Greeting

Penitential Act (three options)

Option I – invitation, Confiteor, conclusion

Option II – invitation, prayer and response, conclusion

Option III – invocations with response, conclusion

Opening Prayer

CELEBRATION OF THE WORD

One or more readings- from the Mass of the Day; from the Votive Mass of the Holy Eucharist; Votive Mass of the Precious Blood; or readings suited to a particular need

First Reading

Responsorial Psalm

[Second Reading]

Gospel Acclamation

Gospel

Reflection

Silent reflection or brief homily/reflection by a qualified, deputed person

[SECOND OPTION: SHORT FORM OF THE READING OF THE WORD]

The presider or other person reads a brief scriptural text:

John 6: 54-55

John 14:23

John 6: 54-58

John 15:4

John 14:6

1 Corinthians 11:26

1 John 4:16

HOLY OF COMMUNION

Blessed Sacrament taken from the tabernacle to the altar

Lord's Prayer

Sign of Peace

Invitation to Communion

Quiet prayer of the presider

Distribution of Holy Communion [may be accompanied by a hymn]

Reposition of the Blessed Sacrament

Period of Silence, song, or psalm

Concluding Prayer

CONCLUDING RITE

Greeting

Blessing (Lay)

Dismissal

[Hymn]

INTRODUCTORY RITES

Greeting

Presider: ✠ In the name of the Father, and of the Son,
and of the Holy Spirit.

All: Amen.

Presider: Brothers and sisters, the Lord invites us to his table
to share in the body of Christ: bless him for his goodness.

All: Blessed be God for ever.

Penitential Act: **Option I**

Presider: My brothers and sisters,
let us acknowledge our sins,
and so prepare ourselves for this celebration.

Pause for silent reflection

All: I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done,
and in what I have failed to do
through my fault, through my fault,
through my most grievous fault;
therefore, I ask blessed Mary, ever virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

All: Amen.

Penitential Act: Option II

Presider: My brothers and sisters,
let us acknowledge our sins,
and so prepare ourselves for this celebration.

Brief silent reflection

Presider: Have mercy on us, O Lord.

All: For we have sinned against you.

Presider: Show us, O Lord, your mercy.

All: And grant us your salvation.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Penitential Act: Option III

Presider: My brothers and sisters,
let us acknowledge our sins,
and so prepare ourselves for this celebration.

Brief silent reflection

Presider: Lord Jesus, you came to reconcile us to one another
and to the Father:
Lord, have mercy.

All: Lord, have mercy.

Presider: Lord Jesus, you heal the wounds of sin and division:
Christ have mercy.

All: Christ, have mercy.

Presider: Lord Jesus, you intercede for us with your Father:
Lord, have mercy.

All: Lord, have mercy.

Presider: May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

All: Amen.

CELEBRATION OF THE WORD

You may choose one or more readings - from the Mass of the Day; from the Votive Mass of the Holy Eucharist (Lectionary nos. 976-981); Votive Mass of the Precious Blood (nos. 989-994); or readings suited to a particular need.

First Reading

Responsorial Psalm

[Second Reading]

Gospel Acclamation

Gospel

Reflection

Silent reflection or brief homily/reflection by a qualified, deputed person

Intercessions

**Presider: Confident in the love of the Father,
let us turn to him with our petitions.**

Petitions

See GIRM 69-71

Petitions are offered for the sake of the parish community and the world.

Concluding Prayer

**Presider: Father,
be near to your people.
Hear and answer our prayers
for we trust in your kindness and compassion.
Through Christ our Lord. Amen.**

RITE OF COMMUNION

The presider brings the hosts from the tabernacle to the altar.

Lord's Prayer

Presider: At the Savior's command and formed by divine teaching,
we dare to say:

All: Our Father, ...

Sign of Peace

optional

Presider: Let us offer each other the sign of peace.

Invitation to Holy Communion

The minister genuflects. Taking the host, he raises it slightly over the vessel or pyx and, facing the people, says:

Presider: Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.

Distribution of Communion

As the minister receives communion, he/she says quietly:

Presider: May the body of Christ bring me to everlasting life.

He/she reverently consumes the Body of Christ.

Then he/she takes the vessel and goes to the communicants.

Presider: Body of Christ.

Communicant: Amen.

During the distribution of Holy Communion, a hymn may be sung.

Reposition of the Blessed Sacrament

The presider returns any remaining hosts to the tabernacle.

A period of silence may be observed. A psalm or hymn of praise may be sung.

Prayer After Communion

See also HCWEOM , 38

Presider: Let us pray.

**Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever.**

OR

**Lord, you have nourished us with bread from heaven.
Fill us with your Spirit,
and make us one in peace and love.
Through Christ our Lord.**

OR

**Grant, O Lord, we pray,
that we may delight for all eternity
in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body and Blood.
Who live and reign forever and ever.**

OR

**All powerful God, you renew us with your sacraments.
Help us to thank you by lives of faithful service.
Through Christ our Lord.**

All: Amen.

CONCLUDING RITE

Blessing

Presider: ✠ May the Lord bless us,
protect us from all evil
and bring us to everlasting life.

All: Amen.

Dismissal

Presider: Go in peace.

All: Amen.

Hymn

Optional

Source: *Holy Communion and the Worship of the Eucharist Outside Mass*
approved for use in the dioceses of the United States of America
by the National Conference of Catholic Bishops and confirmed by the Apostolic See.
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